# 2024 WORKSHOP SCHEDULE



# LAUNCESTON, TASMANIA

ERGINCEDICIT,		
February		
16 - 17	Opening the Breath	
18	Tensegrity Spine	
April		
4 - 5	Shoulders & Arms	
6 - 7	Head, Neck & Jaw	
June		
7 - 9	AT in Structure & Function	
August		
1 - 3	Arches & Legs	
4 - 5	Fans of the Hip	
October		
4 - 5	Opening the Breath	
6	Tensegrity Spine	
December		
12 - 13	Shoulders & Arms	
14 - 15	Head, Neck & Jaw	
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#### MANDURAH, WESTERN AUSTRALIA May ATCLD

5 - 17	ATSI Part I: Intensive	
	Arches & Legs	
	Fans of the Hip	
	Opening the Breath	
	Tensegrity Spine	
	Shoulders & Arms	
	Head, Neck & Jaw	
June		
15 - 28	ATSI Part III: Block 1	
July		
9 - 22	ATSI Part III: Block 2	
November		
18 - 27	ATSI Part II	

# BRISBANE, QUEENSLAND

August	
10 - 16	ATSI Part I: Block 1
	Arches & Legs
	Fans of the Hip
	Opening the Breath
October	
4 - 8	ATSI Part I: Block 2
	Tensegrity Spine
	Shoulders & Arms
	Head, Neck & Jaw

#### ADELAIDE, SOUTH AUSTRALIA January AT in Structure & Function 19 - 21

March         19 - 21       AT in Structure & Function         25 - 27       AT in Training         September       Ar in Training         2 - 8       ATSI Part I: Block 1         Arches & Legs Fans of the Hip Opening the Breath       Arches & Legs Fans of the Hip Opening the Breath         December       I - 5       ATSI Part I: Block 2         I - 5       ATSI Part I: Block 2         Tensegrity Spine Shoulders & Arms Head, Neck & Jaw         AIWAN         Warch         23 - 25       Balancing the Diaphragms Head, Neck & Jaw         September         5 - 8       AT in Structure & Function Fans of the Hip         NDONESIA         Sebruary         I-7       ATSI Part I: Block 1         Arches & Legs Fans of the Hip         Opening the Breath		
19 - 21       AT in Structure & Function         25 - 27       AT in Training         September       Arches & Legs         2 - 8       ATSI Part I: Block 1         Arches & Legs       Fans of the Hip         Opening the Breath       Opening the Breath         December       Tensegrity Spine         1 - 5       ATSI Part I: Block 2         Tensegrity Spine       Shoulders & Arms         Head, Neck & Jaw       Head, Neck & Jaw         CAIWAN       March         23 - 25       Balancing the Diaphragms         26 - 27       Head, Neck & Jaw         September       Fans of the Hip         5 - 8       AT in Structure & Function         5 - 8       AT in Structure & Function         6 - 10       Fans of the Hip         NDONESIA       Arches & Legs         Fans of the Hip       Opening the Breath         Uly       Opening the Breath         Uly       If ATSI Part I: Block 2         Tensegrity Spine       Tensegrity Spine	HONG KONG	
25 - 27       AT in Training         September       ATSI Part I: Block 1         2 - 8       ATSI Part I: Block 1         Arches & Legs       Fans of the Hip         Opening the Breath       Opening the Breath         December       Tensegrity Spine         1 - 5       ATSI Part I: Block 2         Tensegrity Spine       Shoulders & Arms         Head, Neck & Jaw       Head, Neck & Jaw         CAIWAN       March         23 - 25       Balancing the Diaphragms         26 - 27       Head, Neck & Jaw         September       September         5 - 8       AT in Structure & Function         5 - 10       Fans of the Hip         NDONESIA       Arches & Legs         Fans of the Hip       Opening the Breath         Uly       Opening the Breath         Uly       If ATSI Part I: Block 2         Tensegrity Spine       Tensegrity Spine		AT in Church and D. Franchisa
September         2-8       ATSI Part I: Block 1         Arches & Legs         Fans of the Hip         Opening the Breath         Oecember         1-5       ATSI Part I: Block 2         Tensegrity Spine         Shoulders & Arms         Head, Neck & Jaw         TAIWAN         March         23 - 25       Balancing the Diaphragms         26 - 27       Head, Neck & Jaw         September         5 - 8       AT in Structure & Function         5 - 8       AT in Structure & Function         9 - 10       Fans of the Hip         NDONESIA       Arches & Legs         Fans of the Hip       Opening the Breath         Uly       I-7       ATSI Part I: Block 1         I-7       ATSI Part I: Block 2         Tensegrity Spine       Tensegrity Spine		
ATSI Part I: Block 1 Arches & Legs Fans of the Hip Opening the Breath Oecember I - 5 ATSI Part I: Block 2 Tensegrity Spine Shoulders & Arms Head, Neck & Jaw AIWAN March 23 - 25 Balancing the Diaphragms Head, Neck & Jaw September 5 - 8 AT in Structure & Function Fans of the Hip NDONESIA Sebruary I-7 ATSI Part I: Block 1 Arches & Legs Fans of the Hip Opening the Breath uly 16 - 21 ATSI Part I: Block 2 Tensegrity Spine		Al in Training
Arches & Legs Fans of the Hip Opening the Breath Oecember -5 ATSI Part I: Block 2 Tensegrity Spine Shoulders & Arms Head, Neck & Jaw AIWAN March 23 - 25 Balancing the Diaphragms Head, Neck & Jaw September 5 - 8 AT in Structure & Function Fans of the Hip NDONESIA Sebruary -7 ATSI Part I: Block 1 Arches & Legs Fans of the Hip Opening the Breath uly 16 - 21 ATSI Part I: Block 2 Tensegrity Spine		
Fans of the Hip Opening the Breath         December         I - 5       ATSI Part I: Block 2         Tensegrity Spine Shoulders & Arms Head, Neck & Jaw         TAIWAN         March         23 - 25       Balancing the Diaphragms Head, Neck & Jaw         Ceptember         5 - 8       AT in Structure & Function Fans of the Hip         NDONESIA         Cebruary         I-7       ATSI Part I: Block 1         Arches & Legs Fans of the Hip         Opening the Breath         uly         I6 - 21       ATSI Part I: Block 2         Tensegrity Spine	2 - 8	
Opening the Breath         December         I - 5       ATSI Part I: Block 2         Tensegrity Spine         Shoulders & Arms         Head, Neck & Jaw         March         23 - 25       Balancing the Diaphragms         Performance         26 - 27       Head, Neck & Jaw         September         5 - 8       AT in Structure & Function         Fans of the Hip         NDONESIA         February         I-7       ATSI Part I: Block 1         Arches & Legs         Fans of the Hip         Opening the Breath         uly         I6 - 21       ATSI Part I: Block 2         Tensegrity Spine		0
December       ATSI Part I: Block 2         I - 5       ATSI Part I: Block 2         Tensegrity Spine       Shoulders & Arms         Head, Neck & Jaw       Head, Neck & Jaw         AIWAN       March         23 - 25       Balancing the Diaphragms         26 - 27       Head, Neck & Jaw         September       September         5 - 8       AT in Structure & Function         5 - 10       Fans of the Hip         NDONESIA       Fans of the Hip         Opening the Breath       Opening the Breath         uly       ATSI Part I: Block 2         16 - 21       ATSI Part I: Block 2         Tensegrity Spine       Tensegrity Spine		
I - 5       ATSI Part I: Block 2         Tensegrity Spine       Shoulders & Arms         Head, Neck & Jaw       Head, Neck & Jaw         ATSI Part I: Block 1       Balancing the Diaphragms         Karch       Head, Neck & Jaw         Balancing the Diaphragms       Head, Neck & Jaw         AT in Structure & Function       Fans of the Hip         NDONESIA       Fans of the Hip         NDONESIA       Arches & Legs         Fans of the Hip       Opening the Breath         Uly       If - 21       ATSI Part I: Block 2         Tensegrity Spine       Tensegrity Spine		Opening the Breath
Tensegrity Spine         Shoulders & Arms         Head, Neck & Jaw         AIWAN         March         23 - 25       Balancing the Diaphragms         26 - 27       Head, Neck & Jaw         September         5 - 8       AT in Structure & Function         5 - 10       Fans of the Hip         NDONESIA       February         I-7       ATSI Part I: Block 1         Arches & Legs       Fans of the Hip         Opening the Breath       Opening the Breath         uly       I6 - 21       ATSI Part I: Block 2	December	
Shoulders & Arms Head, Neck & Jaw TAIWAN March 23 - 25 Balancing the Diaphragms Head, Neck & Jaw September 5 - 8 AT in Structure & Function Fans of the Hip NDONESIA Sebruary 1-7 ATSI Part I: Block 1 Arches & Legs Fans of the Hip Opening the Breath Uly 16 - 21 ATSI Part I: Block 2 Tensegrity Spine	1 - 5	ATSI Part I: Block 2
Head, Neck & Jaw         March         23 - 25       Balancing the Diaphragms         26 - 27       Head, Neck & Jaw         September       6         5 - 8       AT in Structure & Function         5 - 10       Fans of the Hip         NDONESIA       Fans of the Hip         Point I: Block 1       Arches & Legs         Fans of the Hip       Opening the Breath         uly       If each is an and the is an		Tensegrity Spine
AIWAN         March         23 - 25       Balancing the Diaphragms         26 - 27       Head, Neck & Jaw         September       September         5 - 8       AT in Structure & Function         5 - 10       Fans of the Hip         NDONESIA       Fans of the Hip         September       ATSI Part I: Block 1         Arches & Legs       Fans of the Hip         Opening the Breath       Opening the Breath         uly       If - 21       ATSI Part I: Block 2         Tensegrity Spine       Tensegrity Spine		Shoulders & Arms
March         23 - 25       Balancing the Diaphragms         26 - 27       Head, Neck & Jaw         September       Fead, Neck & Jaw         5 - 8       AT in Structure & Function         5 - 10       Fans of the Hip         NDONESIA       February         1-7       ATSI Part I: Block 1         Arches & Legs       Fans of the Hip         Opening the Breath       Opening the Breath         uly       If - 21       ATSI Part I: Block 2         Tensegrity Spine       Tensegrity Spine		Head, Neck & Jaw
September         S - 8       AT in Structure & Function         Fans of the Hip         NDONESIA         February         I-7       ATSI Part I: Block 1         Arches & Legs         Fans of the Hip         Opening the Breath         uly         I6 - 21       ATSI Part I: Block 2         Tensegrity Spine	26 - 27	
AT in Structure & Function Fans of the Hip NDONESIA February I-7 ATSI Part I: Block 1 Arches & Legs Fans of the Hip Opening the Breath Uly I6 - 21 ATSI Part I: Block 2 Tensegrity Spine	26 - 27	Head, Neck & Jaw
P - 10     Fans of the Hip       NDONESIA       February       I-7     ATSI Part I: Block 1       Arches & Legs       Fans of the Hip       Opening the Breath       uly       I6 - 21     ATSI Part I: Block 2       Tensegrity Spine		
NDONESIA February I-7 ATSI Part I: Block 1 Arches & Legs Fans of the Hip Opening the Breath Uly I6 - 21 ATSI Part I: Block 2 Tensegrity Spine	6 - 8	
February         I-7       ATSI Part I: Block 1         Arches & Legs         Fans of the Hip         Opening the Breath         uly         I6 - 21       ATSI Part I: Block 2         Tensegrity Spine	9 - 10	Fans of the Hip
February         I-7       ATSI Part I: Block 1         Arches & Legs         Fans of the Hip         Opening the Breath         uly         I6 - 21       ATSI Part I: Block 2         Tensegrity Spine		
I-7 ATSI Part I: Block 1 Arches & Legs Fans of the Hip Opening the Breath Uly I6 - 21 ATSI Part I: Block 2 Tensegrity Spine		
Arches & Legs Fans of the Hip Opening the Breath Uly I6 - 21 ATSI Part I: Block 2 Tensegrity Spine	February	
Fans of the Hip Opening the Breath uly I6 - 21 ATSI Part I: Block 2 Tensegrity Spine	1-7	
Opening the Breath uly I6 - 21 ATSI Part I: Block 2 Tensegrity Spine		0
uly 6 - 21 ATSI Part I: Block 2 Tensegrity Spine		
ATSI Part I: Block 2       Tensegrity Spine		Opening the Breath
Tensegrity Spine	July	
	16 - 21	ATSI Part I: Block 2
Shoulders & Arms		Tensegrity Spine
		Shoulders & Arms

# SINGAPORE

# March

2 - 3	Balancing the Diaphragms	

Head, Neck & Jaw

# COMING SOON

More 'Balancing the Diaphragms' dates!

### SAVE THE DATE

19<sup>th</sup> to 30<sup>th</sup> January 2025 Anatomy Trains Australia & NZ Summer School

www.anatomytrainsaustralia.com info@anatomytrainsaustralia.com





